# Travel Check List

Travel Tips

Please check **Before** you leave that you have:-

- your Passports Visas (if Required) Tickets and Travel Documents
- Taken Copies of your Credit Cards Passports and any other documents with one copy in your baggage and one copy left at home.
- Tagged your bags including your cabin bags with the address you are going to and also put this address INSIDE your checked in Bag
- Have a letter from your doctor for any Prescription pharmaceuticals you may be carrying. And you are carrying sufficient medications for your trip.
- Arranged for your Mail, Papers to be held or redirected.
- Advise your Neighbours/relatives that you will be away.
- Set up an email address for contact.
- Advised your Mobile Phone provider you will be travelling overseas and to which countries and for how long – Alternatively if overseas for a period it MAY be cheaper to buy a pre-paid sim card from that country and advise your friends of the new temp number. – Take your charger ( + car charger)
- Contacted your bank regarding Aligned banks overseas and costs of withdrawing money from Eft-pos Machines whilst travelling – Alternatively use Travelex Cash Passport (available from Integrity Travel) – which can be pre-loaded with a dollar amount and can be used at ANY VISA ATM and costs a lot less than an Eftpos withdrawal on your bank access card.
- Have at least enough local currency for the country of arrival (and maybe transiting) – Integrity Travel can order foreign currency with enough notice.
- **Make sure you have your Insurance Policy**
- Always be aware of where your Money and Credit cards and Documents are and that they are SAFELY with you. Pick pockets and Credit card scams abound. Do NOT wear your Bum Bag to the rear – always in front – Be aware of Back Packs and what is in them. NEVER let your credit card out of your sight – **Go to the counter and pay the bill**

**IT IS NOW RECOMENEDED THAT YOU ARRIVE AT LEAST 3HRS BEFORE DEPARTURE AT ALL AUSTRALIAN INTERNATIONAL AIRPORTS AND BE AWARE OF NEW LIQUIDS GUIDELINES FOR CARRY ON ITEMS**

**Travelling Overseas will always be different - TIPS**

- Please explain gently what you want and using hand signs when conversing in a different speaking country
- At least make an attempt to learn a few "local" phrases - It breaks the ice even if you mispronounce it.
- They may not do things that you would normally expect, provide services the way you expect them – You are travelling – "live with it" – and enjoy the experience.
- A Holiday is not memorable unless something goes wrong or something happens differently! True it's the little things that you didn't expect that are the most memorable – Life's like that
- If you do have a problem – **A**) try and sort it out locally **B**) If its an accident, theft or loss (Lost the camera) report it to the relevant authority AND PHONE THE INSURANCE COMPANY on their emergency number if there is any idea that you will be making a claim **C**) ALL ELSE FAILS – **ring me** 617 3289-4404 Mobile +61425207250
- Tipping – Always a controversial subject – check to see if the bill has an added service charge. If not and the service was good – how much is it up to you but 10% is the usual norm. – You Don't ALWAYS have to tip – Just don't go back……..
- **Postcards and contact** – Postcards are sometimes FREE on airlines AND they will post them for you. (Just not all that exciting pictures of planes) Internet Cafes are great these days for keeping in touch and much cheaper than the hotel Internet – Make sure THEY are not having problems on the day –Set up a free email (Hotmail, Yahoo etc ) before you leave its much easier when travelling. If you have fixed dates and you want to use "snailmail" advise your friends when you will be in a city and send to ***Post Ristante*** in that city (with your name of course) Postage can take some time coming to/from other countries – be aware of delays.
- **Mobile Phone** – If you are taking it – get it put on global roaming – Be aware of costs to and from your phone – Its cheaper to text - Don't forget your charger – and a great tip is to take your car charger as this is "UNIVERSAL" great if your hiring a car or travelling with friends who have one – or the coach driver MIGHT let you use charge it on the outlet on board.



The information in this brochure is general in nature and should not be used as specific advice

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Travel Tips

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| DO | make yourself aware of Customs, quarantine (Agriculture), wildlife, currency and duty/tax free regulations listed in this brochure. |
| DO | be aware that penalties for possession of drugs can result in heavy fines, imprisonment or even the death penalty in some countries. |
| DO | ask a Customs officer if you are in doubt about any articles over your duty/tax free allowance on the Incoming Passengers Card, which will be given to you just before arriving in Australia. |
| DO | pack goods to be declared so they are easy to access for Customs examination. This helps speed up your clearance. |
| DO | have a safe and enjoyable trip. |
| DO | arrange for sufficient medicines to meet your personal medical needs. Check with the embassy of the country you are visiting to ensure your medicine is legal there. Obtain a doctor's letter stating who the medicines are for, what they are, the dosage, and leave medicines in their original packaging. For more information, phone Medicare Australia's Travelling with PBS medicine inquiry line: 1800 500 147, or visit http://www.medicareaustralia.gov.au. |
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| DON'T | carry goods for other people. If you do and the goods are prohibited or restricted, you will be held responsible. |
| DON'T | believe you are "not the type". Customs officers may select people and their baggage for detailed examination for a number of reasons. Selection should not be seen as a reflection on a person's integrity or character. |
| DON'T | provide false or misleading information to Customs. Penalties for false information (such as false receipts) are severe and may result in your goods being taken from you. |
| DON'T | break the law in other countries. The power of the Australian Government is limited and you are subject to the laws of that country. |
| DON'T | expect your unaccompanied baggage to receive the same duty/tax free concessions as goods you bring with you. |
| DON'T | take prescription medicines subsidised under Pharmaceutical Benefits Scheme (PBS) overseas, unless they're for your own use or the use of someone travelling with you. A $5000 fine and/or a two-year jail sentence is the penalty for dealing with PBS medicine in a way other than which it was meant. For more information phone Medicare Australia's Travelling with PBS medicine inquiry line: 1800 500 147, or visit http:// |
| DON'T | bring back pirated and counterfeit goods. Copyright piracy and trade mark counterfeiting are illegal. In some circumstances pirated and counterfeit goods imported into Australia are liable to seizure by Customs and people importing such goods may be subject to civil litigation or criminal prosecution. |



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