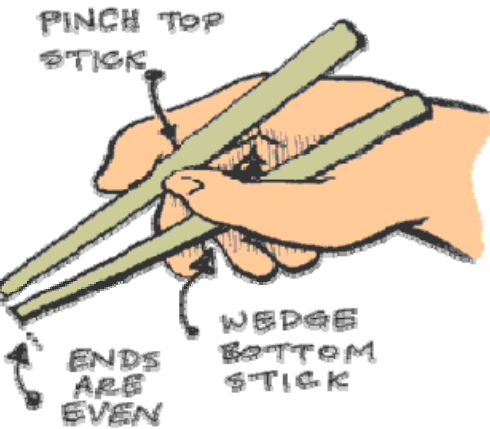




Chopsticks

Every time you go to a restaurant, you will be given a pair of chopsticks to eat with. You may already know how to use them, others will need extensive practice. Other cutlery will be available, but try to get some practice in before you leave to enrich your China experience.



There are many rules associated with the use of chopsticks. It is important that when you are eating in a restaurant you follow the cultural practices in order to not offend the other diners. Stabbing your food with your chopsticks may be the only way to pick something up, but is highly offensive to Chinese people.



* Do not drum or tap anything (including bowls and glasses) with chopsticks, this is the behaviour of beggars when they beg for food.



* Never insert chopsticks upright in the food. When you are not using your chopsticks, place them on your bowl or next to you on the table.

* Never point at someone with a chopstick.

